TuSalud

National Latinx HIV/AIDS Awareness Day 2018

Highlighting four tools to end HIV

October 15, 2018 By Trent Straube

Monday, October 15, marks National Latinx HIV/AIDS Awareness Day (NLAAD) 2018. Spearheaded by the Latino Commission on AIDS and the Hispanic Federation, the event provides an opportunity to promote HIV testing, prevention and treatment and raise awareness of the epidemic in the Latino community.

This year's theme is "Ending HIV Is Everyone's Job."

Many NLAAD posters and social media campaigns depict the text of the 2018 theme embedded with four icons: a test tube, a PrEP pill, antiretroviral medication (sometimes portrayed with "U=U") and a condom. These represent four tools to end HIV:

- HIV testing
- Condoms, which prevent transmission
- Truvada as pre-exposure prophylaxis (PrEP), a daily pill that can prevent people from contracting HIV
- HIV treatment. When people who are HIV positive take meds daily and maintain an undetectable viral load, they cannot transmit the virus sexually, hence the campaign "Undetectable = Untransmittable," or "U=U."

You can download and share NLAAD graphics and logosCourtesy of NLAAD.org

The Latino community—notably men who have sex with men—is disproportionately affected by HIV. According to data from the Centers for Disease Control and Prevention:

> Latinx represent 18 percent of the U.S. population yet accounted for almost 1 in 4 (24 percent) infections among adults and adolescents in 2015. Factors such as lack of health insurance, language barriers, lack of familiarity with the U.S. health care system and stigma often limit the health care access of Latinx in the United States, thereby limiting opportunities for HIV/AIDS screening and treatment. Given that Latinx are the largest and fastest-growing minority group in the United States, addressing HIV/AIDS in their community is important to the nation's health.

"NLAAD continues to promote strategies to reduce stigma associated with HIV. This is key in addressing social and structural conditions that spur the disproportionate impact of the epidemic on Hispanic/Latinx communities," said Guillermo Chacon, president of the Latino Commission on AIDS and founder of the Hispanic Health Network, in a press release about NLAAD and a related mobilization event on the steps of New York City's City Hall.

"Only by including all communities within our diverse Latino community will we reach our goals of ending HIV in New York. We can't leave any community behind. Our Trans communities have been highly impacted and we need to continue to work together," added Christina Herrera, CEO and founder of Translatina Network. Rosita Romero, director of the Dominican Women's Development Center, also emphasized the importance of collaboration, saying, "We are honored to be joining our community-based partners to recognize National Latinx AIDS Awareness Day to advance our goals to end HIV by 2020 in New York State."

View this post on Instagram

Today is National Latinx AIDS Awareness Day (#NLAAD). This year's theme is #endinghiviseveryonesjob.

Do your part by #gettingtested and by #endingthestigma! For more information, visit: bit.ly/NLAAD-info.

A post shared by NHMA (@nhmamd) on Oct 15, 2018 at 7:11am PDT

You can download NLAAD posters and social media campaigns from HIV.gov and NLAAD.org.

In 2016, the word Latinx officially replaced Latino in NLAAD. Latinx (pronounced “la-teen-ex”) is a gender-neutral alternative to Latino and Latina.

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