National HIV Testing Day 2019

#HaciéndoloAMiManera—share your preferred way to get tested June 27 on #DíaNacionalDeLaPruebaDelVIH.

June 27, 2019 By Trent Straube

Thursday, June 27, marks National HIV Testing Day (NHTD) 2019. The Centers for Disease Control and Prevention (CDC) encourages people to share their preferred testing methods on social media using the hashtags #HaciéndoloAMiManera and #DíaNacionalDeLaPruebaDelVIH and, in English, #DoingItMyWay, #HIVTestingDay #NHTD. (Sample posts from Instgram appear throughout this article.)

This year's theme, "Doing It My Way," is the same as last year's and highlights the many ways people can make HIV testing a part of their lives.



View this post on Instagram

#haciéndoloamimanera

A post shared by Talk Test Treat CFL (@talktesttreatcfl) on Jun 25, 2018 at 2:30pm PDT

According to the Centers for Disease Control and Prevention (CDC), the theme also plays into the CDC's larger #DoingItMyWay campaign. As that campaign notes, with so many ways to get tested for HIV—at home, at the doctor's office, with a friend—finding the one that's right for you should be easy.

The CDC site also includes sharable graphics and sample texts, in both English and Spanish.

You can locate testing events on the CDC's NHTD site here.

View this post on Instagram

#ActAgainstAIDS #DoingitMyway #NHTD #NHTW To find a testing location near you, visit

www.testingweek.org

A post shared by Natl Org of Blk Cnty Officials (@nobco1982) on Jun 25, 2019 at 12:05pm PDT

About 1.1 million people are living with HIV in the United States, according to the CDC, and one in seven don't know their status. It's important to know whether you have HIV, not only for your own sake—because lifesaving meds can help you enjoy a healthy and productive life—but also because people with HIV who take meds and maintain an undetectable viral load cannot transmit the virus to others sexually.

Walgreens offers free HIV testing and info on Thursday, June 27, 2019.Business Wire/Walgreens

In related news, Walgreens is partnering with Greater Than AIDS and local health and HIV organizations across the country to offer free HIV testing on June 27. They'll also provide information on Truvada as PrEP (pre-exposure prophylaxis), the daily pill to prevent HIV. For more, read "Free HIV Tests at Walgreens in Over 260 Cities! Here's How to Find One Near You."

View this post on Instagram

National HIV Testing Day is Thursday, June 27th! Join @thecutlife as they partner with the CDC’s Let’s Stop HIV Together campaign to spread awareness on the importance of getting tested. Join celebrity hairstylist @derekjhair + @tahirajoy of @thecutlife for a day of FREE & confidential HIV Testing, giveaways & more @j.spotstudio from Noon-4PM. To find a testing location near you visit: www.cdc.gov/actagainstaids or click the link in @actagainstaids bio! ❤Tag a friend + spread the word. _ #doingitmyway #thecutlife #hivawareness #gettested #healthiswealth #atlevents #hivtesting #hivtestingday #bodylove #beoriginal #besafe

A post shared by OriginalsByAfricasBest (@originalsbyafricasbest) on Jun 25, 2019 at 10:14am PDT

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