Mexico Is Now the World's Fattest Country

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Mexico has surpassed the United States as the world's fattest country, with nearly 33 percent of Mexicans considered obese and 70 percent considered overweight, according to a new study by the United Nations (UN) and reported by Fox News Latino. As a result, both cardiovascular disease and diabetes are on the rise, with nearly one in six Mexicans having weight-related diabetes. Rising income levels and an intensifying consumer culture in the developing country are blamed for the rapid increase in national weight, with average body mass indexes (BMIs) at about 28.5 percent. A normal BMI should be between 18 and 24. What's surprising, U.N. experts said, is that although 50 percent of Mexico's population is considered poor, "it is the malnourished that are becoming obese." The United States still comes in second place on the U.N. rankings, with 32 percent of Americans weighing in as obese.

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