

Americans at Risk for Overdosing on Tylenol

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Adults in the United States are at risk for overdosing on over-the-counter pain relievers containing acetaminophen (Tylenol), according to a study published in the Journal of General Internal Medicine and reported by [HealthDay News](#).

Acetaminophen is the most commonly used OTC medication in the country—it is an active ingredient in many brands of pain relievers, not just Tylenol—and acetaminophen overdose is one of the leading causes of acute liver failure. Many Americans may be unknowingly increasing their risk.

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<http://beta.docker.tusaludmag.com/article/Overdosing-on-Tylenol-22483-4343>